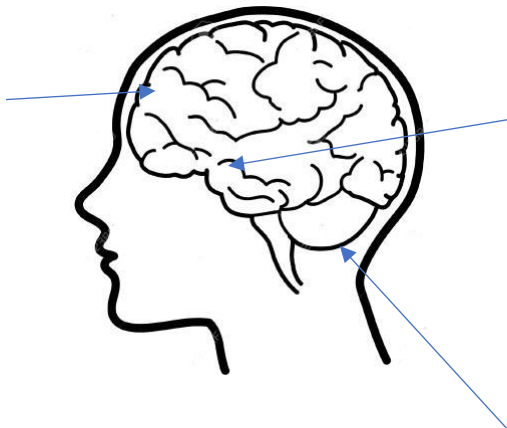


**Frontal Cortex**

Develops into our 20's

Language: Words & Images  
 Ideas and Abstract Thoughts  
 Reflection: ability to think about our thinking, pause  
 Creating  
 Sense of Time  
 Sense of Self  
 Moral Judgements  
 Learning  
 Memory/Explicit and Narrative  
 Focused Attention



**Limbic System**

(Exclusive first 18 months)

Interpretation of sensations  
 Regulation-Fear Response (amygdala)  
 Memory/ Implicit  
 Emotion  
 Connections/ or not

**Brain Stem**

Fully developed at birth. Where we survive from, regulates heart and organ functions, respiration, sleep, eating, reproduction

Registers Bodily/Organ sensations

