

On Healthy Attachment with God

11.03.2024

John 15:1-11

Dave Lomas

John 15:1-11

“I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples. As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my

love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete."



How you relate is how you relate.

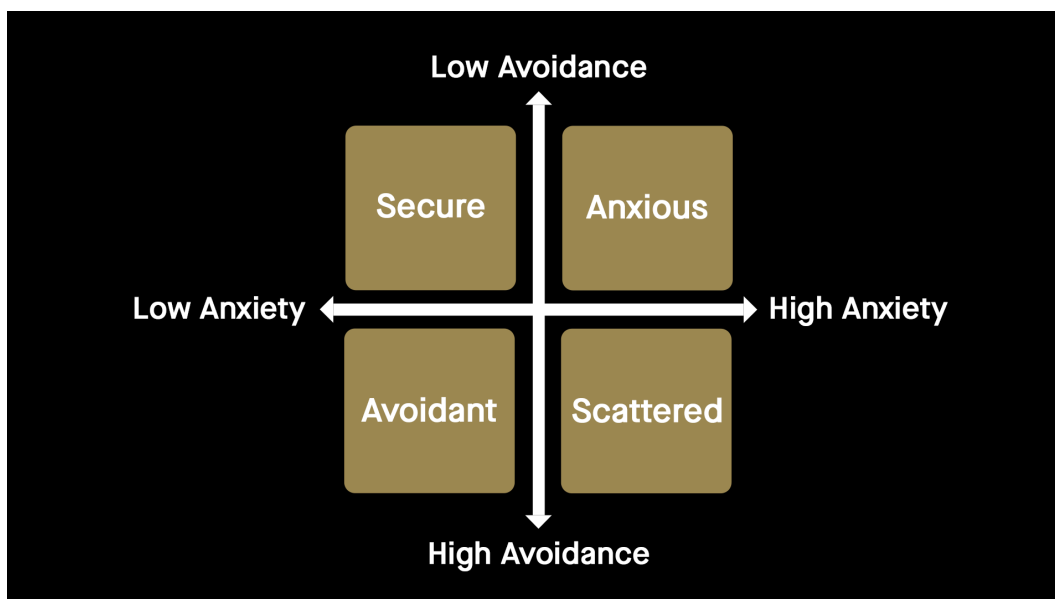
The 4 Styles of Attachment

Secure

Anxious

Avoidant

Scattered



Verse 4: Remain in me, as I also remain in you...you cannot bear fruit unless you remain in me...

Verse 5: If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

Verse 6: If you do not remain in me...

Verse 7: If you remain in me and my words remain in you...

John 15:9

“As the Father has loved me, so have I loved you. Now remain in my love.”

Trust & Joy

John 15:10-11

If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.

1 John 4:18

“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect [complete] in love.”

John 15:10-11

If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.